

## **Carers Coffee Catch-ups**

## 10.30-11.30am Mondays & Fridays 5-6pm Thursdays

These informal sessions provide a chance for you to engage with other carers over a cup of tea or coffee on Zoom.

Please join us for a chat, or simply to listen, either in or out of vision.

You are welcome to join us for all or part of the session.

Carers, and those you care for, are both welcome.



## Scan here to register

Or email/call us at: mail@kibmail.co.uk 07831 136152

We look forward to meeting you.

